

Abstract



A cosmetic is provided, which is prepared by mixing  
papain, bromelain, a protease derived from *Agaricus blazei*  
5 Muril, a protease derived from *Grifola frondosa*, or a protease  
derived from *Bacillus natto*, and the culture supernatant of  
lactic acid bacteria such as lactic acid bacteria for  
fermenting kefir. By using such a cosmetic, it is possible to  
remove the pigmented cells such as chloasmata, freckles, and  
10 lentigines.